



London Council for Adult Education

P.O. Box 51024 Stoneybrook R.O., 1593 Adelaide Street, London, ON N5X 4P9

Serving adult learners since 1945.

lcae.ca

General Meeting November 14, 2017

G. A. Wheable Adult Education Centre

Members Attending:

Bashir Adeyemo (Literacy Link South Central), Terry Allen (TVDSB/Wheable), Lexi Sherriff (Hutton House), Alison Sims (Fanshawe College), Rick Townend (Fanshawe College), Kathryn McCulloch (Centre for Lifelong Learning), Cathy McLandress (London Public Library), Donna Moore (Western University, Toastmasters), Sladana Opacic (YOU), Corinne Webster (TVDSB/Wheable) , Gordanna Zeiljkovic (Cross Cultural Learner Centre)

1. Welcome and Introductions
2. Special Guest: Rita Silverthorn – Family Services Thames Valley:
<https://familyservicethamesvalley.com>
519-433-0183

Highlights:

A multi-service agency which offers a variety of counselling services

Often a waiting list

Self-referral or referral from agencies

Usually but not always serve people in crises, but not necessarily those in chronic distress

Brief, concentrated counselling

Community Counselling

- Affordable, professional counselling to assist individuals, couples, and families
- All clinicians are Masters level professionals
- Short term counselling (usually eight sessions)
- Special funding for sexual abuse survivors (12 sessions)
- Walk-In Counselling – every Tuesday from 1-6 pm

Credit Counselling

- Credit counselling a little known service; unbiased (not selling a product or program)

- Offers financial assessment and budget counselling
- FSTV works with trustees in the local financial industry.
- Works with Salvation Army, and runs programs to promote financial services and workshops for low-income families

Community Integration Program (from website)

- Provides professional and confidential support for people with development disabilities and their families.
- The Adult Protective Service Worker (APSW) supports adults who have a developmental disability with community referrals, advocacy, crisis management, life planning, and support through the criminal justice process.
- The Family Support Worker (FSW) supports families who have a child with a developmental disability to link to natural community supports, crisis and case management, and referrals to community services
- The Passport Program at Family Service Thames Valley can be used to access community support and participation, caregiver respite, or to hire a support worker.

Employee Assistance

- EAP programs – funded by contractual agreements with clients
- Developing a wellness program

Please see the presentation previously distributed by Corinne Wester regarding Family Services Thames Valley or visit the website.

3. Updates from members:

- a. Lexi Sherriff – The Cherryhill Mall is hosting the Hutton House Fashion Show on Wednesday, November 14 from 6-8 pm. The event is free and all proceeds from prize raffles and swag bag sales at the fashion show will benefit Hutton House programs.
- b. Cathy McLandress – The Resilient Cities Conference is being held at the Central Branch of the London Public Library on November 18 from 9 am- 4pm. In partnership with the City of London, London Environmental Network, Thames Regional Ecological Association, London Community Foundation, and the Urban League of London.
- c. Bashir Adeyemo – Shared information on the Reality Check/ Myth Busting program run in partnership with the Local Employment Planning Council.
<http://www.localemploymentplanning.ca/reality-check>

4. Please review the LCAE web site for updates, announcements, dates and locations of upcoming meetings: www.lcae.ca

5. Adjournment